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A Simone Biles byography

2012 Olympics, London

Spectators went wild when he won his first individual gold of London 2012 for the men's 200m individual medley on Thursday evening. Moreover, he broke a record of seven golds at a single Games by winning all eight events that he entered. He announced his impending retirement in this Olimpic Games. In addition, in this Games Phelps became the first male swimmer to win the 100m butterfly and 200m individual medley titles at three consecutive Games. He has great speed in the water.



sporthilfe DK

2004 Olympics, Athens

She is Birgit Fisher, a super woman. Birgit Fischer's achievements in kayaking makes her one of the greatest Olympic athletes of all time. She **brokes a new record** being the youngest champion in the history of Olympic kayaking. In 1980 Moscow Games she did a big **effort** and she won gold. In this time, she was just 20. She always is **in** the lead of the podium. Almost quarter of a century later, the German star was still in the mix for gold.



JAMAICAN SPEED

MASON POWEL EXPLAINS WHY JAMAICAN SPRINTERS ARE THE BEST IN THE WORLD

Our sport reporter Mel Junter finds the Jamaican results very surprising because Jamaica is a poor nation with a small population.

- 1. Why did running become a national sport in Jamaica? It was a sport people could effort.
- 2. Which are the two reasons of Jamaican success? Food and personality.
- **3.Compared to Jamaicans, East African runners are** successful in a different even.
- 4. What makes Jamaicans and East Africans good runners? Two different genes.
- **5. Jamaicans are good sprinters due to** their genes and the influence of their environment.







Simone Biles – A true winner

Yesterday we interviewed Simone Biles, who got five medals, for of them gold. Here's what she told us.

When we asked her how long she had been doing gymnastic she said that she had done gymnastic since she was six years old. Then, we asked her why she started and where she usually do gymnastic. She stated that she started doing gymnastic because she had visited Bannons Gymnastix and she was fascinated by the gymnastics. Moreover, she said that she usually did gymnastic in her region, Houston, Texas.

Then, we asked her how often she trained, and she answered that she usually trained every day for Olimpics.

Finally, we asked her how she felt after winning five medals and what she would do with them. She said she was very grateful and she would probably give the medals to her grandmother. She is the most important person for her.

WE INTERVIEW THE
AMERICAN
GYMNASTIC WHO WON
FIVE MEDALS IN RIO
2016

- 1 .How long have you been doing gymnastic? I've done gymnastic since I was six years old.
- **2.Why did you start?** Because I visited Bannon's Gymnastix when I was young and I was fascinated by the gymnastics.
- **3.Where did you usually do gymnastic?** In my region, Houston, Texas. There are lots of beautiful buildings.
- **4. How often do you train?** I usually train every day for the Olympics.
- 5 .How do you feel after winning five medals? I feel completely amazing! I'm very grateful!
- **6.What will do you with the medals?**I will probably give them to my grandmother because she is the most important person for me.

https://www.youtube.com/watch?v=v84rY 7XZn50

Date and place of birth	Columbus, Ohio (USA) in 1997
Age	23
Sport	Gymnastic
Name of the club	World Champions Center
As a child	Enjoyed nature, liked swimming
As a teenager	Gained all of her secondary education as a homeschooler
When she starts to do gymnastic	At 6 years old
When she starts to compete	At 14 she competes in Houston
Year of the Olympic Games	Rio 2016 (five medals)
Medals	A total of thirty Olympic and World Championship medals (five Olympics medals)
Nowadays	Active Role model



Simone Biles - The greatest female gymnast ever

Many people agree that Simone is one of the best gymnast of all the time. She is able to do incredible movements with her body. Her body language is perfect.

Simone was born in 1997 in Columbus, Ohio (USA). She was an outgoing child who liked going to the sea to swim. Moreover, she loved going to the parks to enjoyed the nature. Biles first tried gymnastics at 6 years old as part of a day-care field trip. At the age of 8, he began training with the coach Aimee Boorman. She started her career at the age of 14 on July 1, at the 2011 American Classic in Houston. She gained all of her secondary education as a homeschooler, graduating in the summer of 2015.

Simone Biles went to the 2016 Olympics in Rio and she won five medals. She broke a new record, the most world-title medals won by anyone, male or female. Biles became the most decorated gymnast ever, with 25 world-title medals to her name (and five Olympics medals).

She is a role model and an incomparable athlete who continues to dominate her sport to impossible levels. She will always be remembered for her spectacular achievements.